



Benefits Design, Compliance and Administration

We are a full-service employee benefits and compensation firm providing services to public sector entities, national corporations, growth and middle-market companies, jointly-trusted funds, as well as employers in every major industry group. The firm's areas of focus are benefits and compensation consulting, retirement plans, health and welfare plans, benefits communications and executive compensation.



We Listen

Trest provides extraordinary client service and communication, with a deep appreciation of our clients' concerns, challenges and objectives. Our straightforward, practical and value-driven approach takes an organization's desires, demographics, philosophy and budgetary limitations into consideration in providing design, compliance, benchmarking, regulatory and advisory services as efficiently as possible.

Experienced

When you hire Trest, you tap into a team of experienced professionals, each of whom have each provided employee benefits and compensation services at some of the largest firms in the country for decades. We are seasoned professionals who utilize secure innovative technology in providing superior employee benefits and compensation services.

Within our broad service categories, we provide strategic planning, benefits and compensation studies, benefits design, regulatory compliance, defense of regulatory examinations, participant communications and materials, benefits training for human resources personnel and participants, benefits administration, fiduciary advice and other services.





Services

We offer a full array of employee benefits and compensation services, from the most mundane to the most complex.



Consulting

- Compensation Studies
- Benefits Studies
- Compliance Audits
- Government Plans
- Retirement Plans
- Health and Welfare Plans
- Participant Communications
- Fiduciary and Governance
- Alternative Benefits
- ERISA Compliance
- RFP Design and Administration

Administration

- COBRA Administration
- FSA/DCAP Administration
- QDRO Administration
- Nondiscrimination Testing
- HIPAA Compliance
- Retiree Support and Billing
- Low Cost Compliance Suites
- ERISA Compliance
- ACA Compliance
- Forms 5500

Retirement Plans

- Defensive Compliance Audits
- Defense of Regulatory Audits
- Government Plans
- Corporate Transactions
- Plan Design
- Participant Communications
- Fiduciary and Governance

Health & Welfare Plans

- Defensive Compliance Audits
- Defense of Regulatory Audits
- Government Plans
- Corporate Transactions
- Plan Design
- Participant Communications
- Fiduciary and Governance

Communications, Training

- Culturally Focused Materials
- Benefits Training
- Virtual Seminars
- Web Based Training
- FERS, CSRS, TSP Training

Contact us for more information.
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